

Sapa & Coc Ly 4 days

DAY 1 — Hanoi

You will start your Sapa adventure by taking the night train from Hanoi to the border town of Lao Cai in a comfortable, air conditioned 4 berth cabin.

DAY 2 — Sapa

Arrive early morning in Lao Cai and take a 1hr drive in the hotel bus to Sapa. After hotel check-in and breakfast, you have a full free day to explore Sapa and the surrounds.

DAY 3 — Coc Ly Market

After breakfast you will take a 2hr journey to Coc Ly Market. On arrival, your guide will give you fascinating insights into the various ethnic groups trading at this remote, seldom visited area. You will then join a local motorised long boat for a cruise down a stunning river valley, taking in the unspoilt scenery. You will stop for lunch by the river and get the chance to explore a cave. After lunch it's back on the boat to visit a H'mong or Thai hill-tribe village. You will then take a bus to Lao Cai for your overnight train to Hanoi.

DAY 4 — Hanoi

You will arrive in Hanoi about 6am.

Sapa

For a fantastic cultural taste of Vietnam and an insight into some of Vietnam's 54 minority tribes, Sapa is a must see. Markets are held most days in Sapa and here you will witness some of the many hilltribe people, clad in their traditional dress, living their daily life. Walking in the picturesque mountains and visiting the local people's villages is a wonderful experience.

Emergency Contact in Vietnam 24 hours

Mike Keenan - +84 903 486 488
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Tipping Guide

For your leader we recommend \$2 USD a day. For drivers & local guides, we recommend \$1 USD a day. You are under no obligation to tip, this is a guide only.

Wide Eyed Tours Rules

Illegal drugs will not be tolerated on our trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for Wide Eyed Tours travellers. Wide Eyed Tours philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make our destinations such special places. The exploitation of prostitutes is completely contrary to this philosophy. Our group leader has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Responsible Travel

We believe strongly in low impact or rather positive impact tourism. Broadly speaking this means that we try to minimise the negative aspects of tourism on the local cultures and environments that we visit and highlight the positive aspects.



Inclusions

Train Hanoi – Lao Cai – Hanoi, air conditioned, soft sleeper; Bus Lao Cai – Sapa – Lao Cai; Transport & English speaking guide to Coc Ly Market; Boat ride; Bus Coc Ly – Lao Cai; Entrance fees.

Included Meals

1 x breakfast, 1 x lunch

Accommodation

Hotel in Sapa (1 night), sleeper train (2 nights)